## CLAIMS

1. A planar lightwave circuit type variable optical attenuator having waveguides formed on a substrate, said variable optical attenuator comprising:

an input waveguide;

- a first optical coupler;
- a second optical coupler;

two arm waveguides connecting said first optical 10 coupler to said second optical coupler; and

an output waveguide, wherein

each of said first optical coupler and said second optical coupler is a directional coupler having a region in which said two arm waveguides are brought in close proximity to each other; and

a polarization mode coupling in said first optical coupler and said second optical coupler is equal to or less than  $-25~\mathrm{dB}$ .

20 2. The planar lightwave circuit type variable optical attenuator as claimed in claim 1, wherein an absolute value of a waveguide birefringence at optical coupler sections constituting said first optical coupler and said second optical coupler is equal to or greater than  $3.5 \times 10^{-4}$ .

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3. The planar lightwave circuit type variable optical attenuator as claimed in claim 1 or 2, wherein

said first optical coupler and said second optical coupler are a directional coupler constructed by bringing said two arm waveguides in close proximity to each other.

- 5 4. The planar lightwave circuit type variable optical attenuator as claimed in any one of claims 1-3, wherein a length of said arm waveguides is designed to be equal to an integer multiple of an optical beat length obtained by dividing a used optical wavelength by the waveguide 10 birefringence.
  - 5. The planar lightwave circuit type variable optical attenuator as claimed in any one of claims 1-4, wherein at least one of said two arm waveguides has a phase controller; and

said variable optical attenuator functions as a variable optical attenuator or optical switch.

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6. The planar lightwave circuit type variable optical
20 attenuator as claimed in any one of claims 1-5, wherein
said substrate is a silicon substrate, and said
waveguides are silica-based glass waveguides.